

# @ Insight

Read on to find out the latest in Insight's collection of juicy tidbits of information, products and news for June.

## Get Saucy

Saucilicious is known for their unique and tasty combinations, such as Sweet Tequila Chilli Lime sauce, which will add an edge to even the most boring of foods! Their lush boutique sauces, chutney and marinades are all locally made and derived from Australian produce. They believe in creating a fun and healthy lifestyle, so all products are gluten free and have a limited number of preservatives.

### SPECIAL OFFER FOR INSIGHT READERS!

Quote *Insight* at the checkout online and get 3x 280g jars for \$25 and free delivery anywhere in Australia for orders of \$50 or more.

RRP \$6.00 (140g) and \$10.00 (280g)

[www.saucilicious.com.au](http://www.saucilicious.com.au) | 02 9006 1220



## Tequila Chilli Con Carne

- 1 tbsp butter • 1 red onion • 4 cloves of garlic
- 1 ½ tsp ground coriander • 1 tsp dried oregano
- 1 ½ tsp ground cumin • 1 tsp parsley • ½ tsp salt • 300g beef
- ½ tsp chilli powder • 600g tinned tomatoes
- 420g tin of red kidney beans • Rice and sour cream to serve
- 1 (140g) jar of *Saucilicious Sweet Tequila Chilli Lime Sauce*

1. Add the butter, onion, garlic, spices and dried herbs to medium sized saucepan and cook uncovered for 5 minutes or until the onions are transparent.
2. Add all remaining ingredients to the saucepan and cook with lid for 30-35 minutes, stirring occasionally.
3. Remove the saucepan lid and cook for a further 10 minutes, stirring frequently.
4. Serve with rice and sour cream and enjoy!

## Dill Infused Tuna Burgers

- 2 x 95g tins *Sirena Dill Infused Tuna* • ¾ cup fresh white bread crumbs
- 1 egg • 2 tablespoons chopped parsley • ½ small onion finely grated
- Salt and pepper to taste • Small pinch of cayenne pepper

Drain half the oil from the tuna into a frying pan and then place the contents of the tin in a bowl. Mash the tuna with a fork and then add all the other ingredients. Mix well and form into patties. Grill in the pan with the remaining dill infused oil on a medium to low heat for 4 minutes then turn over carefully and grill for a further 4 minutes until golden brown. Serve with mayo or sweet chilli sauce or on a hamburger bun with salad. *Serves 4.*

RRP \$2.28 each

[www.sirena.com.au](http://www.sirena.com.au)



## State of Green

Lunchskins sandwich and snack bags are made from food grade cotton, are printed with cool designs, close easily with a velcro strip and even include a space to write your name. They are easy to clean - just throw inside out in the dishwasher or wipe over with a damp cloth. Designed by 3GreenMoms, the fabric is manufactured in Germany and sewn in the USA.

RRP \$14.95

[www.stateofgreen.com.au](http://www.stateofgreen.com.au)



### Affordable Luxury

Russian Standard Vodka is an affordable luxury that uses only the finest ingredients from the pristine glacial waters of Lake Lagoda and the highest quality winter wheat taken from the black soil of the Southern Russian Steppes. With three products on offer – Russian Standard Original, Russian Standard Platinum and IMPERIA - this luxurious vodka brand embodies the soul and dynamism of modern Russia.

**Russian Standard Original: \$38.99**  
**Russian Standard Platinum: \$45.99**  
**IMPERIA: \$69.99**  
[www.russianstandardvodka.com](http://www.russianstandardvodka.com)



### Munch on a Mandy

Did you know mandarins are great for blood pressure control, weight control, protection against cancer and heart disease, and for combating nasty infections? Give your body a fighting chance with colds and flus this winter and start munching on those mandys!



### Spice Up Your Life

Bondi Chai is an exquisite blend of rich black tea, comfort spices, milk, vanilla and natural honey with a silky texture and sublime taste. Based on a recipe created centuries ago for the Kings of India, chai latte is now enjoyed around the world. Discover the spice of life in Australia's own gold medal chai latte - made in seconds at home or work.

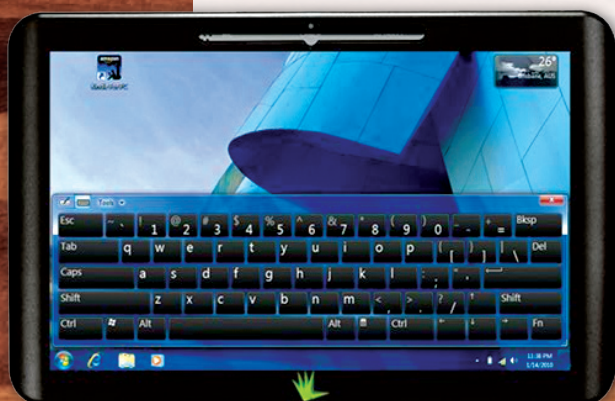
**RRP \$12 (250g)**  
[www.bondichai.com.au](http://www.bondichai.com.au)



### Top of the Tablets

Put the technology of tomorrow in your hands today with Handii's awe inspiring Go10 tablet computer. Developed by an innovative Brisbane-based company, the Handii Go10 has a range of unique and innovative features that place it at the forefront of tablet computer technology. Great for surfing the net, checking emails, presenting PowerPoint presentations, watching videos and much more. Easy to use, light weight, and very stylish - the Go10 is a must have for 2010.

**RRP \$895.00**  
[www.handii.com.au](http://www.handii.com.au)



### Massage Your Stress Away

Operating on the idea of freely rotating crystal-spheres, JOYAs are unique, handy and effective massagers for private and professional use. Relax yourself and others anywhere and anytime, from head to toe. With JOYA, your wellbeing literally lies in your hands!

**RRP \$68.00 (inc one standard gemstone)**  
[www.joya-australia.com.au](http://www.joya-australia.com.au)

