



Using the JOYA® Warming Bowl

A greater effect can be achieved with the JOYA massage system by warming the gemstones.

The JOYA® Warming Bowl was developed for this reason. It is a beautifully shaped and practical bowl combined with a heating source and stand. It has been designed for use with either oils or silica sand.

When filled with essential oils, the JOYA® Warming Bowl allows a pleasant aroma to fill the treatment space.

How to get it work: Thread the wick through the whole in the metal lid – use the tweezers (supplied) if needed. Fill the glass bowl with paraffin INDOOR lamp oil* and put the lid with the wick on. Use the tweezers to pull the wick in the right length to control the flame.

WARNING: Never leave an open flame unattended!

Using Essential Oils: Half fill the bowl with your favourite oils. Be careful that you don't burn your fingers because the oil tends to become hot (depending on the regulation of the flame). Use a spoon to take the gemstones out of the bowl, place them on a cloth and remove any excess oil before you use them.

Before you use the gemstone carefully check the temperature on the back of your hand to ensure they are not too hot for the treatment.

Using Silica Sand: Generally the sand will not get too hot but care should still be taken. Make sure there are no grains left on the gemstone before you put it back in the holder.

Using Mini Tumbled Crystals: Also with crystals check the temperature. Clean and cleanse them with mild detergent and running water.

* NOT outdoor oil as it will smoke.