



## Using the JOYA® Warming Bowl

A greater relaxation effect can be achieved with the JOYA massage system by warming the crystal spheres.

The JOYA® Warming Bowl is a beautiful and practical accessory for warming the massage spheres prior or during a treatment. When filled with an Aromatherapy Oil, the JOYA® Warming Bowl lends a pleasant aroma to the treatment space. As an alternative Amethysts Crystal Chips and Fireproof Pads are available too.

**Assembling:** Firmly push the 3 metal rods into the timber base – rounded end upwards. Place the Bowl on top. Make sure it is stable. Thread the wick through the hole in the metal lid – use the tweezers (supplied) if needed. Fill the glass bowl with odour and smoke free indoor paraffin lamp oil and put the lid with the wick on. Use the tweezers to adjust the wick to control the height/heat of the flame.

**WARNING: Never leave the open flame unattended!**

**Using Oils:** Fill the bowl half with your favourite (massage) oil blend and warm it – don't let it get too hot! Check the temperature carefully! Adjust the length of the wick accordingly. Then place the spheres into the oil and allow them to warm up. You can pour warm oil into your hands and start applying it to your client's skin. Use less oil than in a conventional massage!

**Using Amethyst Chips:** Place the chips in the bowl, place the spheres on top and warm them. Clean and cleanse them with mild detergent and running water.

**Using Fireproof Pads:** Place the pad into the bowl and your crystals on top and warm them.

Before you use the crystal sphere carefully check the temperature on the back of your hand to ensure they are not too hot for the treatment. Place the crystal spheres into the roller. Remove excess oil if necessary.

